

VICTORIA FOOD RESOURCES BY COMMUNITY

VICTORIA

***if you live in Esquimalt, Victoria, James Bay, Oak Bay or Saanich your Food Banks Canada location is The Mustard Seed Street Church*

The Mustard Seed Street Church

1 Visit Per Month

625 Queens Avenue

Monday - Friday 9am-1pm (Closed holidays and the day after income assistance cheque day)

Please bring ID and your own bags

St. Vincent De Paul

1 Visit Per Month

833 Yates Street

12pm - 3:45pm Monday, Wednesday, Thursday and Friday

2pm - 5:45pm Tuesdays (Closed holidays and the day after income assistance cheque day)

Our Place Society (Ages 19+)

919 Pandora Avenue

Meals 7 Days a Week

Breakfast 8:30am - 9:30am Lunch 12pm - 1pm Dinner 5pm - 6pm

Red Cedar Cafe Free Store

1900 Douglas Street Monday - Friday 10am - 12pm

Cook Street Village Activity Centre (Seniors)

380 Cook Street

Tuesday & Friday 10am until supplies run out

St. John the Divine

1 Visit Per Month

1611 Quadra Street

Tuesday and Friday 10am - 12pm

(Closed holidays and the week after income assistance cheque day)

Living Edge Markets

833 Pandora Avenue Mondays 5pm - 6pm (Tickets given out at 3pm)

626 Blanshard Street Thursdays 11am - 12pm (Tickets given out at 10:30am)

Quadra Village Community Centre

(Bread Only First Come First Served)

901 Kings Road Monday - Friday Tuesdays 11am

St. Andrews Soup Kitchen (To Go Meal Service)

St. Andrews Cathedral, 740 View Street

8am - 10am

Anawim House

973 Caledonia Avenue

Breakfast: Monday-Friday 9:30am - 10:30am

Lunch: Mondays Sign up @ 11am Served @ 12pm

James Bay United Church

511 Michigan Street (enter through the back)

Lunch Thursdays 1pm

North Park Neighbourhood Association

Go to <https://npna.ca/hampers/> to apply for a hamper

****Applicants must live the Northpark Neighbourhood**

ESQUIMALT

Rainbow Kitchen Food Sharing

500 Admirals Road

Monday - Friday 8am-1pm (while supplies last)

Meals 8:30am (while supplies last)

Community Fridge

2725 Rock Bay Avenue (at the corner of David St. facing the United Church)

Open 24hrs - help yourself, first come first served

Living Edge Markets

511 Constance Avenue

Saturdays 10:50am - 12:30pm Tickets given out at 8:30am

SAANICH

***if you live on the Saanich Peninsula your Food Banks Canada Location is the Saanich Peninsula Lions Food Bank*

Saanich Peninsula Lions Food Bank

1 Visit Per Month

9586 5th Street

Monday, Wednesday, Friday 9am-12pm

Living Edge Markets

898 Royal Oak Tuesdays 4pm-5:30pm (Tickets given out at 3:30)

2275 Lam Circle Wednesdays 2pm-3:30pm

7577 Wallace Road Thursdays 5:30pm-6:30pm (Tickets given out at 5:15)

Saanich Neighbourhood Place

*Hampers for Families

Contact family@snplace.org or call 250-360-1148

Shelbourne Community Kitchen **not accepting new clients at the moment*

1 Visit Per Month

3787 Cedar Hill Road Unit 101

Tuesday, Wednesday, Friday 10am-1pm Thursday 3:30pm-8:30pm

(Closed the week after income assistance cheque day)

WESTSHORE

****if you live in the Westshore, including East Sooke, Metchosin or the Highlands, your Food Banks Canada location is the Goldstream Food Bank*

Goldstream Food Bank

1 Visit Per Month

761 Station Avenue

Tuesday & Thursday Please bring ID

9am-11am (open first 3 weeks of the month)

Living Edge Markets

679 Goldstream Avenue

Fridays 12pm-1pm (tickets given out at 9am)

Salvation Army Connection Point Church and Resource Centre

Unit 103-737 Goldstream Avenue (Under Darcy's Pub)

Tuesday & Thursday 9:30am-12pm Wednesday & Friday 1pm-3:30pm

Free Food Fridge & Bread Shelf (while supplies last)

Hampers Available by Appointment for Low Income Families in the Westshore (registration & proof of income required) Call: 778-817-1141

Family Food Markets

Summer, 2025 Schedule Below

Edward Milne Community School
Mondays from 11-2
July - 7, 14, 21, 28
August - 11, 18

Royal Bay Secondary School
Tuesdays from 11-2
July - 2, 8, 15, 22, 29
August - 5, 12, 19

Belmont Secondary School
Wednesdays from 11-2
July - 9, 16, 23, 30
August - 6, 13, 20

Savory Elementary School
Thursdays from 11-2
July - 3, 10, 17, 24, 31
August - 7, 14, 21

SOOKE

***if you live in Sooke or Port Renfrew your Food Banks Canada location is the Sooke Food Society Food Bank*

Sooke Food Society Food Bank

1 Visit Per Month
2037 Shields Road
Open the first 3 Thursdays of each month 9:30am-3pm

DELIVERY OPTIONS

***note that these options may have delivery or quantity limitations that we are unaware of.*

Community Food Support Hamper Delivery

Go to communityfoodsupport.wordpress.com/faq/ to sign up for a hamper.